

## ELSIE R. BOUDREAU

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**JOB OBJECTIVE:** Active social work position serving Alaska Native children, adults, families and communities.

**LICENSURE:** Licensed Master Social Worker (LMSW), State of Alaska, 2008

**EDUCATION:** Master's Degree, Social Work (MSW), 1999, University of Alaska Anchorage.  
Bachelor of Arts, Social Work (BSW), 1990, Carroll College,  
Helena, Montana.

### PROFESSIONAL STRENGTHS

Demonstrated knowledge, skills and abilities across numerous social work disciplines to include, but not limited to, trauma, sexual abuse and the child protection system. Knowledge of the impact of child sexual abuse on individuals, families and communities in rural Alaska. Significant experience in working with tribal leaders and service providers across various disciplines. Exceptional communication and interpersonal skills to deal effectively with a variety of personalities and situations. Able to work as a vital member of a team, utilizing diplomatic skills in stressful situations. Able to set priorities logically, meet demanding objectives and bring focus to difficult and complicated situations.

### SUMMARY OF QUALIFICATIONS

A licensed social worker with years of clinical experience working with Alaska Native women, men and children. Experience in program development. Extensive knowledge of Alaska Native values and belief systems. Significant experience working with tribal leaders and service providers in rural Alaska. Other areas of expertise and training include, but not limited to:

#### Clinical

- ~Bereavement Issues
- ~EMDR—Part I of II
- ~Trauma issues
- ~Myths of Burnout/Boundaries
- ~Dynamics of Domestic Violence and Substance Abuse
- ~Teen Violence
- ~Addictions
- ~Dual Disorders
- Identification and Treatment Techniques
- ~Suicide assessments
- ~Child Sexual Abuse
- ~Forensic Interviewing

#### Cultural

- ~Native modalities working with families
- ~Rural Provider's—Addiction and family
- ~Perspectives on Native American Spirituality

#### Children/Family—Child Protective Services

- ~Family Group Conferencing/Mediation
- ~Effects of abuse on children
- ~Child Welfare/Child Protection system
- ~Foster Care Licensing
- ~Dynamics of family violence
- ~ICWA issues
- ~Adult Protective Services
- ~Child Protective Services
- ~Domestic Violence and child abuse
- ~Treatment Issues for Substance abuse
- ~Survivors of Domestic Violence
- ~Fetal Alcohol Syndrome

## **PROFESSIONAL EXPERIENCE**

**Trainer** **2/2018 to Present**  
**University of Alaska Anchorage, Anchorage Alaska**  
**Child Welfare Academy**

Train, develop and support Alaskans to assure children are safe, youth thrive and families are strong. Collectively with a team of trainers, we develop professionals so that they may be competent and compassionate while trauma informed and culturally humble.

**President** **6/2015 to Present**  
**Arctic Winds Healing Winds, Anchorage, Alaska**

Founded the non-profit *Arctic Winds Healing Winds (AWHW)* and serves as its President. AWHW is creating platforms to unify voices and strengthen and heal Alaska Native communities. Implement and sustain lasting protections that honor and validate historic emotional and psychological wounds while allowing for current and future generations to flourish as proud and honorable human beings through the use of various methods.

**Contractor** **2016 to Present**  
**Capacity Building for Tribes, Anchorage, Alaska**

Create culturally relevant tools/resources as part of a workgroup for tribes throughout the Nation within the child welfare arena. Participate in workgroup meetings. Participate in various webinar series related to healing historical and intergenerational trauma within tribal communities throughout the nation.

**Social Worker/Clinician** **10/2012 to 01/26/17**  
**Southcentral Foundation, Anchorage, Alaska**

Continue operating the Alaska Native Unit at Alaska CARES providing victim advocacy, individual counseling services to non-offending caregivers who have their own history of sexual abuse and conducting forensic interviews of children. Collaborate between Southcentral Foundation and the CAC Multi-Disciplinary Team (MDT) in establishing a smooth transition for customer-owners who present to Alaska CARES and need follow-up services. Practice as an interdependent member of the CAC MDT and provide important components of Alaska Native/American Indian care through direct social work services, consultation, collaboration, referral, teaching and advocacy. Provide training on child sexual abuse and historical trauma to various tribes throughout Alaska as part of a collaborative team with the Alaska Native Tribal Health Consortium.

**Social Worker** **1/2010 to 10/2012**  
**Alaska Native Justice Center, Anchorage, Alaska**

Assist in the creation and implementation of the Alaska Native Unit in conjunction with the CAC Multi-Disciplinary Team (MDT). Assist in the development of protocols and practices that reflect Alaska Native culture. Develop and deliver training reflective of Alaska Native culture in the delivery of services to child/ren victims of abuse and the non-offending caregiver. Practice as an interdependent member of the CAC MDT and provide important components of Alaska Native/American Indian care through direct social work services, consultation, collaboration, referral, teaching and advocacy. Provide counseling to families dealing with child abuse and trauma. Develop and maintain working relationships with the MDT and representatives of rural communities for the benefit of services to the client and the family. Compile client data.

**Mediator/Family Group Conferencing Facilitator** **2000 to Present**  
**Alaska Court System, Anchorage, Alaska**

Act as a neutral, impartial resource for parties in Child in Need of Aid cases in state court working with families, extended families, community and tribal members, social workers, attorney generals, tribes, various attorneys and children. Assist participants in identifying concerns, sharing information, discussing options and

reaching agreements. Provide the structure and tools the group needs to make mutually acceptable decisions while empowering the system/families/communities via a mediation session(s) or family group conference. Specifically, seek consent from OCS Worker and parents to proceed; screen, assess, learn issues and create safety; identify, invite and orient participants to the process; schedule date and place, assist with logistics; explain participants' roles; help family members manage unresolved family issues, focusing on children's needs; consider involvement of children; facilitate discussion of family's plan and any negotiations. Document agreement and solicit signatures from involved parties. Provide workshops regarding Mediation and Family Group Conference practices.

**Victim Liaison**

**1/2007 to 12/2009**

**Manly & Stewart Lawyers, LLC, Anchorage, Alaska**

Conducted and compiled social histories with clients who were victims of clergy sexual abuse, paying close attention to common themes of family/domestic violence, addictions, suicide ideations/attempts, hospitalizations, depression, criminal involvement, incarcerations, spirituality and cultural identification. Identified needs and coordinated counseling services for victims. Provided emotional and psychological support for victims through validation and active listening. Supported clients through legal procedures such as mediations, depositions and court appearances. Traveled to villages to meet with victims. Consulted with attorneys regarding sensitive psycho-social needs of clients. Participated in press conferences.

**Tribal Law & Policy Institute, Anchorage, Alaska**

**06/06 to 01/07**

Project Coordinator

Co-produced an educational and therapeutic video titled, "Pathway to Hope" highlighting the wisdom of Alaska Native Elders throughout the state and capturing the stories of childhood survivors of sexual abuse and various service providers in an effort to address childhood sexual abuse in Native communities. This video is now used as a means of community healing projects throughout Alaska.

**Cooke, Roosa & Valcarce, LLC, Anchorage, Alaska**

**04/05 to 06/06**

Victim Advocate

Same duties as Victim Liaison with Manly & Stewart Lawyers, LLC.

**Southcentral Foundation (SCF), Dena A Coy Program, Anchorage, Alaska**

**3/02 to 12/04**

Clinical Therapist

Assisted in the development of outpatient services for women suffering from substance abuse and mental illness. Provided individual and group therapy for women. Conducted psycho-educational groups on topics such as spiritual awareness, parenting, relapse prevention and anger management. Developed treatment plans and conducted monthly reviews of those plans with a treatment team. Facilitated Talking Circles with women. Planned, participated in and supported women in a graduation ceremony with their families. Complied with Medicaid regulations with regard to documentation.

**Southcentral Foundation (SCF), Social Services, Anchorage, Alaska**

**10/00 to 3/02**

Social Worker

Provided direct service to patients of all ages; assisted families in dealing with complex psychosocial issues. Developed and followed-up with treatment plans. Referred patients to various community resources. Aided in program development and in the establishment of clinical protocols with regard to family violence and the impact on health care of patients and their families. Educated health care providers and hospital employees on the dynamics of family violence within various forums. Met with Traditional Healing and Labor and Delivery to establish adequate bereavement services for post-natal patients whose babies had died.

**University Of Alaska Anchorage, AK. Native Family Treatment Feasibility Study**

**09/99 to 10/00**

Research Associate

Conducted a literature review relevant to the study. Presented the project to tribal groups and solicited interested communities to participate in the study voluntarily. Consulted with tribal representatives/judges/elders from three villages in distinct regions of Alaska. Consulted with representatives from Alaska Area Native Health Service, Alaska Native Medical Center and individuals from other organizations. Assisted in the development of the feasibility study. Performed interviews and lead focus groups in the identified villages with elders, health aides, tribal councils, police officers, wellness counselors and students. Assisted with the collection and analysis of past research and statistical information. Helped compile and write the feasibility study. Put together an Advisory Committee. Organized and co-facilitated Advisory Committee meetings. Compiled meeting minutes and prepared quarterly reports. Maintained contact with village representatives and provided them with copies of the completed study. Participated in meetings with the Department of Justice representatives for compliance purposes.

**Cook Inlet Tribal Council, Inc. (Citic) Family Services, Anchorage, Alaska**  
Clinician

**08/99 to 09/99**

Provided crisis intervention counseling. Developed and implemented a new comprehensive intake procedure. Created and compiled relevant forms to be used by the clinician. Conducted the initial assessment of developing a home-based family treatment program for Alaska Native families involved with the Division of Family and Youth Services.

**Abused Women's Aid In Crisis (Awaic), Administration Team, Anchorage, Alaska**  
Social Work Graduate Intern

**09/98 to 05/99**

Applied knowledge, skills, values and ethics obtained within the classroom to actual practice. Developed a broad understanding of the agency and its' mission. Monitored AWAIC's budget by comparing projected verses actual expenses and revenues. Reviewed, rewrote and consolidated the employment section of the personnel policies and procedures manual. Participated in fund raising activities. Attended the Board Finance Committee meetings and the Board of Director's meetings. Participated in grant writing and review processes. Participated in recruiting and evaluating personnel. Analyzed community responses to domestic violence by identifying three system problems and developing solutions to such. Participated in and identified mission achievement of the Mayor's Caucus on Domestic Violence. Recorded, developed and dispersed minutes of the Caucus meetings. Actively participated in the Alaska Native Women Sexual Assault Task Force. Developed and conducted community presentations regarding the agency, domestic violence, and the dynamics between domestic violence and substance abuse. Produced a pre/post test for evaluating one of the programs under AWAIC. Developed a monthly reporting form for the Native Safe Home project. Provided crisis intervention counseling. Assisted in interventions by the Domestic Violence Emergency Response Team (DVERT). Provided Court Advocacy services for clients. Co-facilitated educational groups for women. Engaged in meaningful discussions with supervisor regarding professional and personal growth as a social worker.

**Southcentral Counseling, Family Service Unit, Anchorage, Alaska**  
Social Work Graduate Intern

**09/97 to 05/98**

Co-facilitated and facilitated Social Skills/Anger Management groups for elementary level children. Conducted individual and family therapy. Demonstrated the ability to provide client documentation using the Diagnostic and Statistical Manual of Mental Disorders (DSM-IV). Demonstrated the ability to assess and prioritize the needs of those served, develop an intervention plan incorporating client strengths and factoring environmental aspects, and define and monitor outcomes. Acted as a consultant for other service providers regarding issues pertaining to Alaska Natives and rural Alaska. Established and maintained positive working relationships with staff. Functioned as an active member of an interdisciplinary team. Participated in on-going training.

**Southcentral Foundation, Prenatal Support Services, Anchorage, Alaska**  
Lead FAS Case Manager

**09/95 to 08/97**

Conducted Fetal Alcohol Syndrome (FAS) screening and assessment of prenatal patients at the Alaska Native Medical Center for “at-risk-behavior” posing threat to the developing fetus. Provided FAS education for prenatal patients regarding the effects of alcohol and other substances. Referred substance-abusing pregnant women to appropriate treatment. Provided case management services for those women identified to be at-risk. Established and maintained a working relationship with medical staff to best meet client needs. Provided training/education as needed for medical staff and the community. Provided clinical supervision for the other case manager. Served as an on-site supervisor for the program by maintaining and developing monthly and yearly statistical reports.

**Southcentral Foundation, New Beginnings, Anchorage, Alaska**

**08/95 to 09/95**

Assessment Worker

Conducted assessments for prenatal and post-natal women interested in receiving on-going home-visitation support as part of facilitating positive parent and child bonding.

**Self-Employed, Home, Anchorage, Alaska**

**10/94 to 05/95**

Child Care Provider

Provided quality, professional care to children age’s 11 months to 5 years. Obtained a business license.

**Division Of Family & Youth Services, Bethel, Alaska**

**09/90 to 03/93**

Social Worker I/II

Licensed and monitored Alaska Native Child Foster Homes, Adult and Child Residential Facilities, and Day Care Centers. Conducted Licensing Investigations and compiled extensive reports. Provided orientation training for Native foster parents. Screened and investigated reports of child neglect, physical and sexual abuse. Composed reports as to the results. Assumed Emergency Custody of children and established appropriate placements. Made relevant referrals to assisting agencies. Supervised and recorded case conferences, soliciting input from Tribes when appropriate. Acquired appropriate and necessary Child Protective Services (CPS)/Family Services training.

**Hospice Of St. Peter’s, Helena, Montana**

**09/89 to 05/90**

Social Work Intern

Co-facilitated Grief groups for families of Hospice patients. Facilitated individual counseling. Conducted psycho-social assessments. Provided respite care for Hospice families. Participated in relevant workshops/training.

**St. Mary’s Native Corporation, St. Mary’s, Alaska**

**1986 to 1989**

Shareholder Relations

Researched and wrote educational and informational newsletters to shareholders concerning issues regarding the Alaska Native Claims Settlement Act (ANCSA). Conducted a summer-long survey of St. Mary’s Native Corporation (SMNC) shareholders, summarized results, and presented information to the Board of Directors. Recorded and wrote minutes of monthly and quarterly board meetings. Assisted in the daily bookkeeping of the corporation. Lectured High School students on the benefits of being involved with their Native Corporations

**Headstart, Helena, Montana**

**1988**

Social Work Volunteer

Supervised and assisted with group and individual activities for preschool-aged children.

**Outstanding references provided upon establishment of mutual interest**